



# How to Safely Dispose of Medications

## 1 TAKE-BACK SITE

The U.S. Drug Enforcement Administration says the best way to get rid of drugs you don't need any more is at a drug take-back location.

Many pharmacies offer this service, but be sure to call your local one to be sure.

[FIND A LOCATION](#)

## 2 DISPOSE

If you can't take your drugs to a take-back event, follow these steps:

- Remove the drugs from the original container and mix with something like used coffee grounds, dirt or cat litter.
- Put the mixture in something you can close to keep it from spilling.
- Scratch out all your personal information on the empty packaging to protect your identity. Then, throw it away.

[MORE TIPS](#)

## 3 FLUSH

If you can't get rid of your medication another way, check to see if it's safe to flush it.

[CHECK THE LIST](#)



Talk with your pharmacist if you have any questions about safely throwing away your medicine.